



Gateway Hudson Valley Just Like Home Menu January 2023

Monday	Tuesday	Wednesday	Thursday	Friday
<p style="text-align: center;">2</p> Vegetable Lasagna Peas & Carrots Cut Green Beans Whole Wheat Roll Vanilla Pudding w/ Coconut	<p style="text-align: center;">3</p> Breaded Fish Sweet Potato Puffs Steamed Broccoli Cole Slaw Rye Bread Apple Sauce	<p style="text-align: center;">4</p> Rigatoni Bolognese Butternut Squash Cauliflower Rye Bread Peanut Butter Cookie	<p style="text-align: center;">5</p> Lemon Chicken Green Peas Potato Pancakes Lentil Soup Whole Wheat Roll Apple Sauce	<p style="text-align: center;">6</p> Hamburger Mashed Cauliflower Corn Whole Wheat Bun Pears
<p style="text-align: center;">9</p> BBQ Pulled Pork Baked Beans Braised Carrots Whole Wheat Roll Pineapple Bits	<p style="text-align: center;">10</p> Chicken Sausage & Peppers Roasted Potato Carrots Whole Wheat Bun Fresh Fruit	<p style="text-align: center;">11</p> BBQ Chicken Sautéed Kale Corn Whole Wheat Bread Apple Crisp	<p style="text-align: center;">12</p> Lemon Garlic Fish Rice & Beans Sautéed Collard Greens Cream Of Broccoli Soup Corn Bread Mandarin	<p style="text-align: center;">13</p> Stuffed Shells Italian Blend Veg Sautéed Squash Rye Bread Peaches
<p style="text-align: center;">16</p> Fish Scampi Risotto Green Beans Corn Chowder Whole Wheat Roll Apple Sauce	<p style="text-align: center;">17</p> Pesto Parmesan Tortellini Stewed Tomatoes Sautéed Spinach Rye Bread Mandarin	<p style="text-align: center;">18</p> Salisbury Steak w/ Mushroom Gravy Scalloped Potato Peas & Pearl Onion Whole Wheat Bread Pineapple	<p style="text-align: center;">19</p> Rigatoni Bolognese Butternut Squash Cauliflower Rye Bread Peanut Butter Cookie	<p style="text-align: center;">20</p> Chicken Stir Fry Rice Pilaf Baby Carrots Apple Juice Rye Bread Peaches
<p style="text-align: center;">23</p> Teriyaki Chicken Basmati Rice Collard Greens Apple Juice Whole Wheat Bread Apple Oatmeal Crumb Cake	<p style="text-align: center;">24</p> Cheese Lasagna Green Peas Diced Carrots Pasta Fagioli Whole Wheat Roll Pineapple Bits	<p style="text-align: center;">25</p> Asian Pork Stew Lo Mein Noodles Oriental Vegetable Mandarin Slaw Whole Wheat Bread Fortune Cookie	<p style="text-align: center;">26</p> Meatloaf w/Mushroom Gravy Mashed Potato Braised Cabbage Whole Wheat Roll Apple Sauce	<p style="text-align: center;">27</p> Baked Cod w/Creole Lemon Zested Orzo Brussel Sprouts Whole Wheat Bread Mandarin Orange
<p style="text-align: center;">30</p> Beef Stroganoff w/Mushroom Gravy Buttered Egg Noodles Petit Green Peas Cucumber Salad Whole Wheat Roll Peaches	<p style="text-align: center;">31</p> Breaded Chicken Baked Yam Black Eyed Peas Whole Wheat Bread Oatmeal raisin Cookies			For Information or Home Delivered Meal Service or Cancellation Call: 331-2496